



Consultations

Health Consultation

A holistic assessment of the patient's current state of health and well-being that may include:

- Detailed medical, social, nutritional, and lifestyle history.
- Mindful exploration of the patient's emotional and spiritual well-being.
- If applicable, non-invasive external physical examination (i.e. blood pressure, lungs or heart auscultations, mouth/throat inspection, etc).



Treatment may include:

- Customized nutritional and lifestyle adjustments.
- The use of natural products (i.e. vitamins, minerals, salvestrols, homeopathy, etc.).
- Customized herbal formulas (i.e. teas, liquid extracts, creams, etc).
- Mind treatments.
- Flower essences formulations.
- Adjunct therapies.
- Empowering through the sharing of knowledge (self-healing tips, anatomy, physiology, German new medicine, etc.).



Nutrition/Lifestyle

A health consultation that focuses on nutrition and lifestyle to promote health and well-being.



Bach Flower Essences

For healing mental and emotional conditions which are considered the underlying cause of physical illnesses.



Mind Treatment and Visualization:

Mindful explorations combined with Reiki and visualization to promote the healing of emotional issues and/or events in a person's life.

Reiki

Works with life energy to promote health and well-being.



Energy Healing

Combines life energy, sacred geometry, chakra healing, sound and vibration, to promote health and well-being.



Reflexology

Consists of stimulating reflex points on the feet, by using compression techniques and massage to promote health and well-being.



Prices

| Consultations | Duration | Cost |
|--|---------------------------------|---------|
| Health Consultation (it may include any modality listed here) | First visit: 1.5 to 2.5 hrs. | \$90.00 |
| | Next visits: 1 to 2 hr. | \$75.00 |
| Single treatments: - Reiki - Reflexology | Each visit: 1 to 2 hrs. | \$75.00 |

1. **Local Consultations** are performed at our local clinic locations or at the convenience of the patient's home. Travel charges on home visits: \$10.00 + \$1.00/Km (distance from local clinic to patient's residence).
2. **Remote Consultations** (not applicable to Reflexology) are done via telephone, online connection, and/or email. The patient is responsible for any distance phone charges (if any), and shipping/handling of any natural remedies.

Annual Health packages

Copper: \$210.00

Includes 3 consultations performed anytime during the course of a year (\$70.00/visit).

Silver: \$325.00

Includes 5 consultations performed anytime during the course of a year (\$65.00/visit).

Gold: \$480.00

Includes 8 consultations performed anytime during the course of a year (\$60.00/visit).

All Packages include:

- An additional 10% off on any natural remedy used as part of the treatment;
- 20% off on home visit's travel-fees.
- Free rental of health videos, audios, and books.